



PAN Regd. No: 601184129 Company Regd. No: 112254/69/70

Dear Sir/Madam,

Greetings from Holidays to Nepal!!

Many thanks for your **Kailash Mansarovar Yatra** inquiry with **Holidays to Nepal (P) Ltd**. We are a government-registered, highly rated and Kathmandu based and experienced Kailash Mansarovar Yatra operator since 2013.

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Please see the information below for the 14-day **Kailash Mansarovar Helicopter Yatra** with Parikarma in 2025. We operate on a small group size with restricted seats on our scheduled departure dates due to the quality concern and best possible service provision. As a result, we ask that you notify us of your choice as soon as possible. It will assist both of us in planning a successful and memorable Kailash Yatra journey.

Because the trip is a shared group departure and is priced the same, we are unable to design the package specifically for you. However, if you wish to add any type of optional tours before or after the Kailash Yatra, we are pleased to provide you with our customisation service.

Kailash Mansarovar Yatra Facts:

Trip duration:	13 Nights 14 Days
Travel type:	Kailash Mansarovar Yatra (KMY) by Helicopter
Starting point:	Kathmandu, Nepal





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Finishing point:	Kathmandu, Nepal
Mt. Kailash height:	6,638 meters from sea level
Highest point on trek:	Dolma La Pass (5,600 meters)
Best months:	May, June and August

Package Cost:

Group Size:	15-20 People (Luxury Package)	
Package Cost Per Person:	USD 4500.00 Per Person	
Optional Mt. Everest Flight:	USD 250.00 (Including Transportation)	
Tax and Fees	All Included	

Kailash Mansarovar Yatra by Helicopter Dates:

Travel Month	Kathmandu Arrival	
May	04 May (Full Moon Date - 12 May)	
June	01 June (Full Moon Date - 11 June) 30 June (Full Moon Date - 10 July)	
August	31 Aug (Full Moon Date - 07 Sep)	

Your Trip Itinerary:





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Day 01: Kathmandu Arrival.

Your Arrival Time (Make sure that the arrival day should be on Sunday so the next day we can apply your visa immediately) Our office representative will meet and greet you at Kathmandu airport and transfer to your hotel.

At. 06:00 PM: We will meet for a trip briefing about your tour program. If you are arriving late (after 4 PM) then we will have a briefing next morning at 09:00 AM. You can ask all your related questions during the trip briefing meeting.

Meals: Dinner Included.

Hotel: Hotel Yak and Yeti or Similar

Altitude: 1400M

Day 02: Kathmandu Sightseeing, Visa Application.

Optional Activity: Everest Mountain Flight at 06:30 AM from Kathmandu airport to Kathmandu airport, a 50 minutes flight which takes you for the aerial view of the Mt. Everest and several other mountains. (USD 250 Per Person)

At. 09:30 AM: After your breakfast first you may need to visit the Chinese embassy to apply for your visa to Tibet. Later you will visit for a full day sightseeing of Kathmandu. You will cover Pashupatinath Temple, Jal Narayan Temple and Patan Durbar Square. Once your sightseeing completes we will drop you to the hotel, in the evening you can visit for shopping around the Thamel tourist market.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Hotel Yak and Yeti or Similar

Pashupatinath temple is the largest and holiest shrines for Hindus. This temple, situated on the bank of Bagmati river was built in the 5th century There are around 492 temples, 15 Shivalayas (shrines of Lord Shiva) and 12 Jyotirlinga (phallic shrines) to explore. No entrance fee is charged for SAARC nationals to enter the temple. Although only Hindus are allowed to enter the temple, visitors can clearly see the temple and the activities performed in the temple premises from the eastern bank of the Bagmati river.





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Jal Narayan Temple which is dedicated to Lord Vishnu is also called Budhanilkantha. It is located 9 km

north of the main city. The statue of sleeping Lord Vishnu seems like it is floating on the water.

Patan Durbar Square is 5 km southeast of Kathmandu. Major temples are Krishna Temple, Taleju Temple and Bhimsen Temple. Some places to explore there are Patan Museum, Mahaboudha, Kumbeshwor, Keshave Naryan, Vishwanath and Chyasin Dewal and Sundari Chowk. **Baglamukhi** is one of the famous temples of Devi (Goddess) in Kathmandu. The temple of Baglamukhi is situated in Patan (Lalitpur). There are various other small temples inside the Baglamukhi temple premises. People visit

this temple mainly on Thursdays as it is considered as the day of Bhagwati.

Day 03: Bhaktapur Sightseeing.

At. 09:00 AM: Have your breakfast at the hotel. After breakfast, you will visit the **Bhaktapur Durbar Square, Doleshwor Mahadev and Kailashnath** (Tallest Mahadev Statue). Once your sightseeing is over we will drop you back to your hotel.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Hotel Yak and Yeti or Similar

Bhaktapur Durbar Square which is also known as Bhadgaon has 4 major squares: Durbar Square, Taumadhi Square, Dattatreya Square and Pottery Square. Some of the major attractions are Lu Dhoka (The Golden Gate)" which is said to be the most beautiful and richly molded specimen of its kind in the entire world, The Palace of 55 windows and Dattatraye Temple along with some other small temples.

Doleshwor Mahadev is a hindu temple dedicated to Lord Shiva. It is located at the south eastern Part of Bhaktapur district Which is also believed to be the head part of Kedarnath located in Uttarakhand, India. **Kailashnath Mahadev Statue** is the tallest statue of lord Shiva which is located in Sankhu, 20 km from Kathmandu. The statue is 144 feet (44 m) in height, and was made using copper, zinc, concrete, and steel.

Day 04: Chandragiri Sightseeing.





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At. 09:00 AM: After breakfast, visit Chandragiri hills cable car. While returning from Chandragiri you

will visit Swayambhunath stupa, known as the Monkey temple and one of the UNESCO listed world

heritage sites in Nepal.

At. 04:00 PM: You will have a leisurely evening to visit around your hotel area.

Chandragiri hill is at 2551 meters above sea level, so equivalent to that we get a beautiful mountain

view west to east including Mt. Annapurna Range, Mount Manasalu, Ganesh Himal, and Langtang Dorje

Lakpa Gaurishankar mountain range.

Note: You have to purchase the cable car ticket which isn't included in our package cost, which is USD 20

per person for a two way ride.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Hotel Yak and Yeti or Similar

Day 05: Fly to Nepalgunj.

After breakfast, you will have some leisure time at the hotel and prepare for a flight to Nepalgunj. This

day begins your trip to Kailash. After having lunch, you will drive to the airport, and fly to Nepalgunj.

Overnight stay at Hotel.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Soaltee Westend Primer or Similar

Distance covered: 510 kms

Altitude: 150M

Day 06: Fly from Nepalgunj to Simikot. (2910m)

Early morning after tea, you will drive to Nepalgunj airport to catch the flight to Simikot. Simikot

(2910m) is the district headquarters of Humla, a mountain district of Nepal. It is also a gateway to the

Kailash tour by Helicopter. You will spend the rest of the day there to acclimatize; and if you have a little

more time, you will do a short trek around Simikot. In the meantime, we will finish the immigration

process on the Nepal side.





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Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Guest House

Altitude: 2910M

Day 07: Simikot - Hilsa - Taklakot. (4025 m)

After breakfast, we will walk to Simikot airport and take a helicopter to Hilsa. It takes 20 minutes to reach Hilsa. You will see the scenic view of green hills and snow-capped mountains along with the deep river gorge of River Karnali from the helicopter. After a 30 minute walk from Hilsa, we will reach the immigration office and we will get the pass to enter Tibet. Our vehicle will be waiting for us on the Tibet side. After a 45 minutes drive, we will arrive at Taklakot/Purang (4025 m).

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Guest House

Distance covered: 155 Km.

Altitude: 4025M

Day 08: At Taklakot - Rest Day - A leisure day for Acclimatization.

You will spend a full day in Taklakot to adjust with height, you can move across the area to maintain your physical fitness.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Guest House

Altitude: 4025M

Day 09: Drive from Taklakot to Lake Mansarovar. (4550 m)

You will drive to the famous and beautiful Lake Mansarovar (4550m) after breakfast. From Taklakot to Mansarovar is 88 kilometers, which will take 1.5 hours. On the way to Mansarovar, there is another lake called RAKSHAS TAL. You can stop there for a few minutes to see how beautiful the lake is. Then you'll keep driving with us to Mansarovar. When you get to Mansarovar, you'll rest and eat lunch at the guest





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house. Then you'll be ready for the Mansarovar kora by car. Today is the best day for us because you'll get your first look at holy Kailash and holy Lake Mansarovar. On the shore of Lake Mansarovar, you can take a holy bath.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Guest House

Distance covered: 110 kms

Altitude: 4590M

Day 10: Drive to Yama Dwara Trek to Deruphuk. (4909 m) - 12 KM

After breakfast, drive through Darchen to get to Yama Dwara. Kailash Parikrama starts at Yamadwar, which is also called Tarboche. Tarboche is also known as an "Astha Path" that goes to the outside. It is one of the most exciting days to walk along the beautiful rocky rocks, waterfalls, and clear blue sky, which makes you feel like the Great God Shiva is everywhere with lots of benefits. On its side, you can see Ganesh Parwat. The north face of Kailash Parbat will show up again and again. Stay at the guest house for the night. If you are not doing Parikrama, you will stay in Darchen until the rest of the group comes back from Parikrama. We will make sure you have a place to stay and food to eat.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Tea House

Distance covered: 61 kms

Altitude: 4910M

Day 11: Trek to Zuthulphuk. (4820 m) 4760 m) (22 KM)

After breakfast, you will hike to the east face of Kuberknuda Pass (5,700 m) and then slowly go down to Zuthulphuk (4760 m). To get to Shiva-sthal, you have to cross Yamasthal while your climbing ropes and other gear lead you to the Kuberkunda pass. Once you get to the top, you can see the east face of Mt. Kailash and where the Uma River starts in a way that you can't see from other places. From the top, you can see Nandi Hill, Astha Path, and other places up close. Then you'll go down to Zuthulphuk, passing





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moving rocks on the way. You will get to Zuthulphuk, the Cave of Miracles, in the late afternoon. The

great monk Milerappa is said to have done miracles here.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Tea House

Distance covered: 22 kms

Altitude: 5600M

Day 12: Zutulphuk to Hilsa or Simikot. (8 KM Trek)

After early morning breakfast, you will walk 3 hours to catch the vehicle which will take you to the Nepal border. Our staff will prepare lunch in Darchen (on the way to Hilsa). After lunch, you will continue to drive to the Nepal border. We will make immigration procedures to exit Tibet and do a short walk to Hilsa on the Nepal side. If you reach early and are able to catch a helicopter, you will fly down to

Simikot otherwise you will need to stay in Hilsa.

Hilsa Altitude: 3640M

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Local Guest House

Day 13: Hilsa to Simikot, fly to Nepalgunj and fly back to Kathmandu.

Today, if you stayed in Hilsa then you have to take an early morning Heli flight to Simikot. Instantly you will catch another flight to Nepalgunj. Our representative will pick you from Nepalgunj airport and take you to the hotel in Nepalgunj, where you will have lunch and take a rest for a while. Later in the evening at 4:00 PM proceed to Nepalgunj airport, and fly to Kathmandu. Our local representative will pick you from Kathmandu airport and drop you to the hotel. You can visit the Pashupatinath temple in the

evening if you are interested.

Meals: Breakfast, Lunch and Dinner Included.

Hotel: Hotel Yak and Yeti or Similar

Altitude: 1400M





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Day 14: Transfer to Airport.

Your final departure, nearly 2 hours before your scheduled flight, our company representative will take you to the airport. We assure you that you will get back to your home with the amazing holy experience of Kailash Manasarovar and Nepal. We hope you will enjoy the holy tour and are sure that you will be back for the next pilgrimage tour somewhere in the Himalayas again. If anyone would like to go to Muktinath then the itinerary will be added as per the route.

Meals: Breakfast Included.

Package Cost Includes:

- 1. Arrival/departure transfers from airport to hotel in Kathmandu and Nepalgunj.
- 2. All mentioned sightseeings tours in Kathmandu.
- 3. Kathmandu to Nepalgunj, Nepalgunj to Simikot both way transfer by domestic flight.
- 4. Both ways the helicopter transfers from Simikot to Hilsa.
- 5. All (6 Nights) hotel accommodations in Kathmandu and Nepalgunj at selected hotels on double/twin sharing basis.
- 6. Accommodation at hotel/guest house during Kailash Yatra (Simikot to Simikot) on double/twin sharing basis.
- 7. Daily breakfast, lunch and dinner throughout the trip as mentioned. (Pure Veg., Meal)
- 8. A/C coach for your travel and supporting truck to carry your baggage.
- 9. Tibet travel permit and visa.
- 10. Nepali team leader and supporting team.
- 11. An English-speaking Tibetan tour guide.
- 12. Visa and permit fee of Nepali staff.
- 13. Humla restriction entry permit.
- 14. Sleeping mat, down jacket, duffle bag and sleeping bag if required.
- 15. Well equipped first aid box, Gamow bag and oxygen cylinder.





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16. Daily 2 bottles of mineral water per person except for Parikrama time.

Package Cost Excludes:

- 1. Personal expenses.
- 2. Cost for extra/additional night accommodation in Kathmandu/Nepalgunj/Simikot.
- 3. Food and transport in case of any delay due to weather or unforeseen reasons.
- 4. Poni/Horse Hire/Porter hire cost during Parikarma at Mt. Kailash.
- 5. Emergency evacuation cost. (If needed)
- 6. Travel insurance and expenses of personal nature etc. (Travel insurance is highly recommended)
- 7. Any International Flight cost/Nepal visa fee.
- 8. Service that isn't mentioned above.

How can I get a visa for Nepal?

India is the only country whose citizens don't need visas to enter Nepal. Any Nepalese embassy or consulate will sell multiple-entry cards for 15 days (US \$30 or an equal amount in another currency), 30 days (US \$40), or 90 days (US \$100). You can also get a visa when you arrive at Tribhuvan International Airport in Kathmandu or at the Immigration Office at Nepal's entry points.

At the Immigration Department in Kathmandu, tourist passes can be renewed for an extra 120 days. But people from Afghanistan, Cameroon, Ethiopia, Ghana, Iraq, Liberia, Nigeria, Palestine, Somalia, Swaziland, and Zimbabwe will not be able to get a visa when they arrive at Nepal's customs checkpoints. Before coming to Nepal, they need to get visas from Nepalese embassies or foreign posts in their home countries.

Gratis (Free) Visa for 30 days is available only for nationals of South Asian countries like Bangladesh, Bhutan, Maldives, Pakistan and Sri Lanka for the first visit in one visa year (January to December). However, a visa fee is required for its extension beyond 30 days.



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Indian nationals do not require a visa to enter Nepal. For more information please visit the Nepal government's official website here.

For an online visa application <u>click here</u>. You will find information to get the Nepal visa online.

How do I book this tour?

If you are interested in joining one of our Kailash Mansarovar Yatra group departures please follow the process mentioned below:

STEP 1: Please check the availability of travel dates and seats from our website which is below with the cost table. Or directly contact our travel consultant so we will provide all needful information regarding the Kailash Mansarovar Yatra by helicopter.

STEP 2: Upon finalizing your dates and other information with our office, please send a scanned copy of your passport via email at kailash@holidaystonepal.com. (Please note the passport must be valid for a minimum of 6 months from the date of yatra)

STEP 3: Now you can confirm your booking, but to confirm a booking we need an advance payment of USD 500 per person. Once we receive your booking advance amount, we will proceed with your placement in a group, reserve hotel and flights for you, and start your visa documentation processing.

Furthermore, the balance amount you have to pay 30-35 days prior to the tour departure, we won't be able to proceed with further needful arrangements if we don't receive your 100% payment at the above time period. <u>Click here</u> to know more about the payment options.

What are the booking cancellation policies?





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All notices of cancellation must be sent to our office in writing form (email us at kailash@holidaystonepal.com), verbal cancellations will not be accepted.

30 Days before trip departure	100% Advance Booking Amount	
20 Days before trip departure	50% of Total Trip Cost	
15 Days before trip departure	90% of Total Trip Cost	
10 Days and less departure	100% of Total Trip Cost	

Important information that you should read:

Indian Passport Holders

Nepal portion - Indian nationals do not require a passport or visa to travel to Nepal. A valid identity card (voter ID card) is acceptable by Nepal Immigration to give permission to Indian nationals for traveling in Nepal.

China/Tibet portion – A valid passport, visa and a special permit to visit the Kailash region is mandatory for Indian nationals willing to undertake the yatra.

Foreign Nationals and NRIs

Nepal portion - A valid passport and visa are mandatory for all foreign nationals and NRIs (Non-resident Indians) to enter Nepal. Nepal immigration offers a Visa On Arrival facility at Kathmandu airport for all valid documents and visa fees.





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China/Tibet portion – A valid passport, visa and a special permit to visit the Kailash region is mandatory for all foreign nationals and NRIs (non-resident Indians) willing to undertake Kailash Yatra.

Travel Insurance

It is strictly advisable and mandatory to carry a valid Travel Insurance covering the Kailash region. Our trips do not include the price of travel insurance and it is the sole responsibility of the pilgrim/traveller to ensure that he/she is adequately insured for the full duration of the trip.

Medical Certificate

We require a valid copy of the health certificate of the pilgrims issued by his/her physician mentioning that the pilgrim/traveller is in perfect condition to undertake the yatra to Mount Kailash at a height of above 15000 feet. Medical certificates are not our responsibility and we do not take any liability for any health issue.

Packing List:

Clothing	Essentials	Additional
Warm and Comfortable Clothes	Soap/Shampoo	Hiking poles
Shoes	Toiletries	Camera, Batteries, Binocular
Shorts	Dust Mask/Sanitizer	Headlamp
Trekking Pants	Toilet Paper, wet tissues	Small first aid kit
Long Sleeved Shirt	Quick-dry towel	Documents (Passport, Permits, Visa) and Cash





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Fleece	Sunglasses	Water Bottle
Rain Jacket	Sunscreen/Sunblocks	Plastic bags, Deo, Thread and Needle
Down Jacket, Swaters	Moisturizers, Lip Balm	Energizers, Chocolates
Socks, woollen gloves	Hat, Balaclava	Snacks, fruits
Backpack	Personal Medical Kit	Worship elements

Health Concern

This is one of the most difficult road trips at high altitudes in the world. You must be in good shape. Most people with asthma or heart problems have trouble adjusting to high altitudes. In these situations, it is very important that you get checked out by your doctor to find out how your health is and if you can handle the hard high-altitude journey for days with no roads, extreme cold, dust, hiking to an altitude of 19500 ft. during the Parikrama, etc.

Altitude Sickness

As you move over high terrain, you may feel the pain and other signs of altitude sickness, such as headaches, loss of appetite, nausea, tiredness, inability to sleep, shortness of breath, etc., until your body gets used to the higher altitude. This can take a few days or even longer, based on the person. For this reason alone, we have made it necessary to stay two nights at Taklakot before going on to higher levels. Drink a lot of water, stay cool, and practice deep breathing. You can't smoke or drink before or during the walk. You should also bring a strip of Diamox pills with you in case you get altitude sickness. Talk to your doctor about how much to take.

Currency





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The unit of Chinese currency is Yuan. USD 1 = 6.70 Yuan. 1 Yuan = INR 12.00 approx. Money can be exchanged on the Nepal Tibet Border. Re-exchange all your remaining Yuan at the end of the trip at the border itself before re-entering Nepal.

Risks and Liability

Holidays to Nepal Pvt. Ltd. and its partners will do everything they can to make sure your trip goes smoothly and is fun. But all trips in Tibet follow the rules and laws of the Tibet Tourism Bureau (TTB) to the letter. So, Holidays to Nepal Pvt. Ltd. and its partner won't be responsible for any changes or changes to the program caused by things like landslides, roadblocks, floods, snow, political unrest, canceled flights, late arrivals, delays in getting permits and visas, illness, or accidents. Any extra costs that come up will be paid for by the customer on the spot.

Additional Important Information for Heli trip to Kailash Manasarovar Yatra

Based on what we've seen and heard from people who have traveled with us before, we're letting you know again that weather changes on Heli trips to Kailash can be hard to predict. Between these sites, we run daily flights and helicopter trips, and the trip depends on how those regular flights and helicopter trips go. But we will tell you about any extra costs that may come up during the trip because of things that are out of your control.

Know about Nepalgunj

This is a small town on the border between India and Nepal, about 200 km from Lucknow, where there are more services and infrastructure. Only from here do planes to Simikot leave. Since there is no road between Nepalganj and Simikot, the only way to get between them is to fly. Small planes flown by local companies make the flights from Nepalgunj to Simikot. Even small weather changes can cause these flights to be delayed or canceled for safety reasons, and it's up to the local officials and flight companies to decide what to do. We are not responsible for these kinds of delays and/or cancellations.



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Know about Simikot

Simikot is a very small town on a hill in Nepal. It is also where flights between Hilsa and Nepalganj stop. Compared to Hilsa, Simikot is a better place to live, both in terms of the weather and the level of service. Flights between Nepalgunj and Simikot and Simikot and Hilsa are only possible when the weather is good, which we can't control. If weather problems, flight cancellations, flight delays, or anything else out of your control comes up, our team will help you manage your lodging, food, and other services, which you will pay for directly.

Know about Hilsa

Hilsa is a border town in Nepal that is empty and close to the border with China. This is where travelers enter China to go to Kailash Mansarovar. If people get stuck at Hilsa because of weather, flight delays, or other things, there aren't many places to stay, food to eat, medicine to take, etc. Longer delays are also possible, but they don't happen very often. At Hilsa, we only have one choice: to make do with what we have. This place is very uncomfortable, especially if the stop lasts longer than planned. At Hilsa, the rooms are like those in the backwoods, and the food will be very simple (rice, noodles, soup, local water, etc.).

There are sometimes short or long delays in getting to and from Kailash Manasarovar because of the weather and other restrictions on the flights that operate between the above-mentioned sectors. This makes the situation difficult, and we can only wait for our turn to get on the next flight.

Holidays to Nepal wishes you a happy and comfortable journey !!!